

# Mountaineer

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## INSIDE THE MOUNTAINEER

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Sports Page 21

### Feature



Winter is just around the corner. Make sure you are prepared for unexpected weather.

See Page 18 and 19.

### Happenings



Three lakes, cabins, sledding hills and hiking paths at this mountain resort are available to soldiers, families and Army civilian employees.

See Page 27.

### Vehicle Registration

The trailer by gate 1 has been removed. Vehicle registration will now be done in the guard shack at gate 1 from 9 a.m. to 4 p.m. Monday through Friday.

Post Weather hotline:  
**526-0096**

## Veterans Day events

### "A Stage in Time"

A presentation pays tribute to our country's veterans from the Civil War to World War II. at 10 a.m. and 1 p.m. Saturday in Evergreen Chapel at Evergreen Cemetery, at the corner of Hancock and Fountain streets. Tickets are \$5 for adults and free for children under 12. Call 687-6955 or 630-7328 for reservations.

### Veterans Day Parade

"Honoring Ex-prisoners of War and Missing in Action" parade is at 9:30 a.m. Saturday in down town Colorado Springs, along Tejon Street. The parade will be televised live on Adelphia. Fort Carson soldiers and mounted color guard participate.

### Pueblo Parade

Pueblo Veterans Day Parade is from 10 to 11 a.m. Saturday in downtown Pueblo. Fort Carson equipment and soldiers will participate.

### Veterans tribute

The Fine Arts Center presents an exhibit "A World War II Tapestry: The Photographs of Robert Leasure." Leasure presents a free slide presentation Saturday at 1:30 p.m. at the center, 30 W. Dale St.

### Veterans ceremony

Memorial Park's Veterans Memorial is the site of the annual Pikes Peak Veterans Council Veterans Day service. It begins at 11 a.m. Monday.

### Open in tribute

The 3rd Cavalry Museum on Fort Carson is open Monday from 9 a.m. to 4 p.m.



Photo by Spc. Jon Christoffersen

## Take a bite out of crime ...

McGruff the crime dog, along with handing out candy and chem lights on Halloween night, gave a few hugs. McGruff and military police officers were in the housing areas Oct. 31 to ensure the safety of children trick or treating.

## AFAP forum discusses 'Army family' needs

by the Fort Carson Public Affairs Office

The Army Family Action Plan kicked off Tuesday with a performance of "The Star Spangled Banner" by Harmony in Motion, the Fort Carson singing group.

The AFAP hosted its annual conference Tuesday to discuss quality of life and standard of living issues that have the potential to affect servicemembers, family members and civilians Armywide.

The AFAP identifies issues concerning the global Army family. The process is designed to ensure maximum participation of America's Army family at all levels of the chain of command. This includes all servicemembers, civilians, military, children and retirees.

Positive outcomes from past conferences include Stabilization of Seniors and

the increase of the Serviceman's Group Life Insurance from \$150,000 to \$250,000.

The delegates represented soldiers from various units around post, as well as single soldiers, retirees, children, spouses, sponsors and volunteers.

Some of the issues addressed this year were: customer service at Fort Carson, providing Space Available travel for family members within the United States, reprioritization of the family housing list, Army Community Service hours of operation and housing code enforcement. These issues however, are not the only issues raised during the conference.

The delegates were then divided into work groups, which decided what issues should be considered for AFAP review, the AFAP committee then voted on the top

five issues and put them in order of importance.

Then the delegates determined whether or not an issue is valid and whether it should be addressed at local, installation, Forces Command and/or Department of the Army level.

After deciding on those determining factor, the delegates will send the concerns forward to the Forces Command level and then to the Department of the Army level.

"The AFAP is a program that gives everyone in the Army the opportunity to influence his/her own quality of life and standard of living," Col. Mark Landrith, Fort Carson chief of staff, said. "The AFAP process is designed to ensure maximum participation of America's Army family."



Thank you veterans for our freedom, opportunities

On Veterans Day, we pay tribute to the American men and women who have served in our nation’s armed forces. Through their sacri-fices, they have pur-chased for us the privileges of freedom, democracy, and unmatched opportuni-ty that we enjoy in the United States today, and they have set the conditions for the United States’ place as global leader, with the world’s strongest economy, and the most respected and feared military in the world.

And as we celebrate the contri-butions of our veterans, we also take



Shinseki

this opportunity to salute and to honor you, the soldiers serv-ing in the Army today. Your determination and your readiness to go where you are needed whenever you are called are potent symbols of liberty, justice and hope for freedom-loving people the world over.

Today, soldiers build upon the 227-year legacy established by veterans who have gone before. From the first battle of the American Revolution to our ongoing war against terrorism, in conflicts around the globe and in humanitarian missions at home and abroad that have saved countless

lives, soldiers have provided the sword and shield that protects our nation. And they are doing so today. More than 190,000 soldiers are deployed and forward stationed in 120 countries around the world.

Each day you serve, you volun-tarily forgo comfort and wealth, willingly facing hardships and deployments away from family and loved ones. Sometimes you con-front danger and face death in defending the nation’s security. To all of you on point for the nation, whether far from home or here in the United States, thank

you for your contributions and your countless sacrifices. It is an honor to serve with you.

And so Monday, a day of reflec-tion and tribute, we salute you, and we pledge to you our tireless efforts to ensure that the Army remains the world’s preeminent warfighting land force — the most esteemed institution in the nation, and the most respected Army in the world.



White

Gen. Eric K. Shinseki  
Army Chief of Staff

Thomas E. White  
Secretary of the Army

Veterans Day — honoring all who served

by Capt. Scott Gibson  
Army News Service

WASHINGTON — I have to confess that before I joined the Army I was one of those people who always got Veterans Day, Memorial Day and Labor Day mixed up. I knew that the Jerry Lewis Telethon was always held during one of them, but I had a hard time remembering which was which.

All of that changed for me with my first big assignment as a brand new Army journalist in Washington, D.C., in November of 1989 when I met Gilmer T. Carter and his buddies.

Carter was 93 years old when we met at Arlington Cemetery. He was the national commander of the Veterans of World War I of the U.S.A., Inc., and it was his organization’s turn to conduct the Veterans Day ceremony at Arlington. Responsibility for the ceremony rotates between more than 18 veteran organizations, and because of the average age of World War I veterans, everyone knew that this would be their last opportunity to host the ceremony that was originally created to honor those veterans of “the war to end all wars.”

Ninety-three years of life had taken its toll on Carter’s body, but his mind remained as sharp as a tack as he explained the importance of Nov. 11. He was very clear as he recalled to me the incredible joy he felt when he heard of the signing of the Armistice on the 11th hour of the 11th day of the 11th month back in 1918, the exact time the document was signed that ended World War I.

Even though 71 years had passed, his eyes still filled with tears as he spoke of it. “This day will always be ‘Armistice Day’ to me,” he said. “When I heard the Armistice had been signed, it was the best news I had ever heard.”

Three years after the signing of the Armistice, World War I veterans gathered for a ceremony at Arlington Cemetery to bury the remains of an unknown American soldier at the spot now known as the Tomb of the Unknowns, and Carter was there.

In 1918 he was just a spectator, but in 1989 he laid the wreath at the tomb and you could see the impor-tance of the event in his face.

All of his buddies were equally proud to take part in the event. Orval M. Hooten, Lewis E. Watson, H. Louis Brooks, and John Pavlik each took part in the event, and each left a lasting impression on me.

Perhaps the most poignant moment of the day came when Pavlik, the youngest of the group at 89, stood in front of a packed Arlington Amphitheater with tears streaming down his face and recited the poem “Flanders Fields,” from memory.

It seemed as if he was speaking directly to me as he quoted the lines, “Take up our quarrel with the foe. To you from fading hands we throw, the torch be yours to hold it high.”

I had heard the poem before, but until that moment I never really got it. Our veterans have done their part, and now it’s our turn to carry the torch.

Of the 4,734,991 Americans who took part in World War I, about 100,000 were still alive when I did my story in 1989. Today, that number is down to an estimate of barely more than 500 doughboys, and all five of my buddies from 1989 have passed away. The oldest surviving veteran is 116 years old, and the average age is over 110.

Armistice Day officially became Veterans Day following World War II when President Dwight D. Eisenhower signed a proclamation that Nov. 11 should honor veterans of all wars. Although the name of the holiday has changed, it remains the only national holiday that commemorates an exact moment in time, the signing of the Armistice that ended World War I.

As for me, at 11 a.m. on Nov. 11, you can be assured I’ll be thinking of my doughboy buddies and the lesson they taught me back in 1989. Never again will I confuse Veterans Day with any other day.

**Editor’s note:** Capt. Scott Gibson is assigned to 7th Army Training Center Public Affairs.

Word of the month: celebrating heritage

Commentary by Sgt. 1st Class Timothy Clausen  
43rd Area Support Group Equal Opportunity Advisor

There are many heritages that make up the United States. Webster’s dictionary defines heritage as “some-thing handed down from one’s ancestors or the past, as a characteristic, a culture tradition, etc.”

The United States is known as the “melting pot” for a good reason. I have heard people say that we should drop the ethnicity that goes in front of American, such as African-American and Hispanic American. If we were to do this, then we would be denying the heritage in which they believe andwhich has been given to them. The United States is a place of freedom and people should have the right to voice themselves by their heritage. Along with that I have heard several people say, “You are in the Army, every-one is green.” It is also wrong to do this; once again you are robbing people of their heritage. Everyone should be proud of his or her heritage. Heritage is not something someone can take away. No matter what anyone says, you are what you are. For example I am a mix of German, Polish, Danish and French. I am proud to be a descendant of these cultures. Everyone should be proud of his or her heritage and learn more about it.

The Department of Defense recognizes five differ-ent heritages every year with observances. We ask that all people come to these so that one can learn about his or heritage or learn a new one. These celebrations are: Black History month in February, Days of Remembrance in April, Asian/Pacific Islander obser-vance in May, Hispanic Heritage from Sept. 15 to Oct. 15 and Native American in November. These are important events so that one can learn of another her-itage and can work together as a combat multiplier. If you better understand people and their culture, it will be easier to know how to work with that individual or group.

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# News

*Breaking down barriers ...*

## Female MPs join infantry on front line in Afghanistan

by Sgt. Reeba Critser  
Army News Service

**KHOWST, Afghanistan** — To this day, the U.S. military has its doors closed to women performing combat arms duties like infantry and cavalry.

Nevertheless, three female soldiers in south-eastern Afghanistan are breaking barriers as military police. Sgt. Nicola Hall, Cpl. Jill Osowski and Sgt. Stephanie Blazo have all recently accompanied infantrymen to complete MP missions.

Hall is the first woman to accompany the infantry in combat operations in theatre.

“Taking females out on missions was new to the infantrymen,” said Hall, 21st Military Police Company, Fort Bragg, N.C.

The female MPs assist infantrymen when Afghan women are searched.

“It’s tough work, what they do,” said Osowski, 972nd Military Police Company, Massachusetts National Guard, Melrose, Mass. “It’s a privilege to do (the job) with them.”

The three travel with the men on almost every mission and have gained a new perspective of an infantryman’s work.

“I like doing what the guys do,” said Blazo, 972nd MP Co. “I get a better appreciation of their

job.”

Although working with infantrymen can be fun, Osowski said, she also stressed that the MPs take their job seriously and play hard.

“You have to make sure you’re in good physical condition,” said Osowski, from Chicopee, Mass. “On my last mission, we walked 18 clicks (kilometers) with all gear on.”

Hall agreed with Osowski.

“I’m learning what ‘grunts’ do,” said Hall. “They learn what I do. As MPs, we search people and look for weapons. It’s our SOP (standard operating procedure). I never thought we would be walking for hours or be on the front.

“They’ve (82nd Airborne soldiers) been nothing but respectful to us,” she continued. “As long as you walk, carry your own weight and don’t whine, you’re respected.”

Because Afghanistan is a male-dominated country, the trio receives a lot of attention when they conduct their missions.

“The men and kids are shocked to see us carry a weapon,” said Blazo, from Revere, Mass. “But we haven’t had trouble with them so far.”

The need for women in Afghanistan combat operations has recently increased.

“I’m not surprised that they’re (82nd Airborne) using females,” Hall said. “Females play a bigger part in combat now. In Israel, women are strapping bombs on themselves — suicide bombers. It’s come to be true here.”

For the last two months, Hall was the only female performing searches on Afghan women. She was the MP who discovered Afghan women hiding weapons under their burkas last month. Since then, Osowski and Blazo have joined her from Uzbekistan.

“We’re invading their houses and searching persons,” Osowski said. “The males are not expecting the women to be searched. So, we’re sending out the message that (to hide weapons) will not be tolerated.”

Although these women are pioneers in their field, none of them want to pursue the inclusion of women in the combat military occupational specialties.

“It’s difficult, vigorous, mentally stressful,” Hall said. “I know as females that we can do it. But for cohesion, it’s not good. Cohesion is what makes the Army click. It’s not women’s lib—I’m just here doing my job.”

**Editor’s Note:** Sgt. Reeba Critser is a staff member at the 28th Public Affairs Detachment.

# Remember: war trophies can be dangerous, contraband

by Spc. Randy Randolph  
Army News Service

**FORT BRAGG, N.C.** — Throughout history, soldiers serving overseas have returned home with souvenirs and relics to remember their tours. Many war-related items on display in museums were brought over by individual service members.

Although it is tempting for soldiers to bring back reminders of having served in a military campaign, there are strict guidelines regarding these trophies for troops participating in Operation Enduring Freedom.

“Different operations and areas of responsibility will have different rules on prohibited activity regarding souvenirs,” said U.S. Army Special Operations Command Deputy Staff Judge Advocate, Lt. Col. Kevin Govern.

It is important for soldiers to realize that with few exceptions, taking or retaining individual souvenirs or trophies is prohibited in Afghanistan under Combined Joint Task Force-180 guidelines, Govern said.

“This prohibition does not include the lawful acquisition of souvenirs that can be legally imported into the United States,” Govern said.

Soldiers should be careful when bringing personally acquired items back home because that property may have

use for military intelligence or study, Govern said.

Private or public property may be seized during exercises or operations only on order of the commander, when based on military necessity, he said.

Soldiers are not allowed to bring weapons, munitions or military articles of equipment back to the United States if those items were not officially issued, Govern said. Shipping weapons outside of the Central Command area as personal property is a punishable Uniform Code of Military Justice offense.

“There is a very narrow waiver of this prohibition,” Govern said. “Antique firearms and replicas legally obtained in Afghanistan manufactured in or before 1898 are allowed.”

Govern said that servicemembers interested in purchasing an antique firearm and importing it into the United States should obtain a copy of the partial waiver under general order 1A, dated June 25, from their servicing judge advocate.

Young soldiers who are deployed to foreign lands often try to acquire souvenirs so they can remember having served their country or to sell items to people who will never get a chance to leave the United States, Hutchings said.

Fayetteville’s Airborne and Special Operations Museum Historian, John Duvall, said that although current regulations regarding what soldiers may bring back from OEF are very strict, it hasn’t always been as difficult for individual soldiers to bring war trophies home.

“In past years, during World War II and Vietnam, soldiers could bring semi-automatic weapons back. We’ve received a number of weapons from individuals, including explosives,” Duvall said.

Duvall encourages current and retired soldiers to bring souvenir weapons to museums. He said that explosive items and old rifles sitting in storage can be very dangerous.

“Any weapon from any war should be turned in or disposed of properly,” Duvall said. Soldiers are encouraged to follow proper guidelines concerning souvenirs because they might actually be bringing back contraband, Govern said. He stressed that anyone violating Central Command or general order 1A guidelines will be punished under the UCMJ.

Soldiers with questions regarding what can be brought back to the United States from their individual areas of responsibility should contact a servicing judge advocate, military police customs office or the post office.

**Editor’s note:** Spc. Randy Randolph writes for the Fort Bragg Paraglide newspaper.



# Military

## Mountain Post officer participates in Miss Colorado pageant

by Spc. Jon Christoffersen  
Mountaineer staff

Judges, contestants and spectators gathered Saturday in Aurora for the Miss Colorado USA pageant.

Fort Carson was represented at the pageant by Capt. Vickie Argueta, Headquarters Company, U.S. Army Garrison.

Argueta, a community relations officer with the 7th Infantry Division and Fort Carson Public Affairs Office, said that she decided to compete in the pageant back in May when she received an application and an e-mail from pageant director, Carol Hirata. Although making the final decision a few months ago, Argueta said the desire to participate started years ago.

"I've always wanted to be in a pageant," Argueta said. "Growing up watching these 'beauty' pageants, I always won-

dered what it would be like to be in one."

Although the 26-year-old Argueta decided to compete months ago, the process of getting ready wasn't too extensive. She said although there was some

**See Pageant, Page 7**



**Capt. Vickie Argueta, Headquarters Company, U.S. Army Garrison, walks the stage during one of the many practices before the Miss Colorado USA pageant Saturday in Aurora.**



Photos by Spc. Jon Christoffersen

**Capt. Vickie Argueta, Headquarters Company, U.S. Army Garrison, walks the runway during the evening gown portion of the Miss Colorado USA pageant Saturday in Aurora.**

# Military Briefs

**Soldiers on profiles** — In accordance with Army Regulation 600-60, all soldiers with a P3 or P4 profile in any area of their body designators — Physical Capacity, Upper extremities, Lower extremities, Hearing, Eyes or Psychiatric — are required to appear before the Military Occupation Specialty/Medical Retention Board within 60 days of the signed approved profile. The purpose of this requirement is to maintain the quality of the force by ensuring the soldiers are physically qualified to perform their Primary Military Occupational Speciality worldwide under field conditions. Soldiers with a P3 or P4 profile are non-deployable as of the date the profile is completed. P3 or P4 soldiers are authorized reassignment, training at any U.S. Army Training and Doctrine Command course or advancement course, or re-enlistment without appearance before the board. For more information, call Staff Sgt. Keith Cashion at 526-6530.

**Beginning Nov. 4, there will be four Personnel Management Centers.** The newest addition will support all satellite and stand alone units on or around Fort Carson. The 43rd ASG PMC will no longer service units other than those that are within the 43rd ASG. ***The 3rd Armored Cavalry Regiment PMC*** (building 2256) supports: Regimental Headquarters and Headquarters Troop, 3rd ACR; Support Squadron; and all squadrons in 3rd ACR. ***The 3rd Brigade Combat Team PMC*** (building 2155) supports: Headquarters and Headquarters Company, 3rd Brigade; 1st Battalion, 8th Infantry Regiment; 1st Battalion, 12th Infantry Regiment; 1st Battalion, 68th Armored Regiment; 3rd Battalion, 29th Field Artillery; 4th Engineer Battalion; and 64th Forward Support Battalion. ***The 43rd Area Support Group PMC*** (building 1118, room 308) supports: 68th Combat Support Hospital; 52nd Engineer Battalion; 759th Military Police Battalion; 10th Combat Support Hospital; and 4th Finance Battalion. ***The Mountain Post Team PMC*** (building 1118, room 208) supports all satellite and stand-alone units on or around Fort Carson to include: Headquarters and Headquarters Company, 7th Infantry Division; United States Army Garrison; United States Army Reserve Division; 2nd Brigade, 91st DIV; 62nd Explosive Ordnance Detachment; 764th EOD; 502nd Personnel Support Battalion; 14th Public Affairs Detachment; 10th Special Forces Group; Medical Department; Dental Activities; VETCOM; 743rd Military Intelligence Battalion; Dugway; and Military Enlistment Processing Command, Denver.

**The SIDPERS Superserver will blackout from Dec. 15 to 31.** All sergeants first class eligible for the master sergeant board must make an appointment with their servicing Personnel Management Centers to update their records before Dec. 15.

**Soldiers who converted from VEAP to MGIB** last year are reminded that it is their responsibility to individually check and ensure they have paid the full \$2,700 within the required deadline, 18 months from the date entered on their DD Form 2366. Meeting this 18-month deadline is critical. Soldiers have no education benefits to utilize until the required \$2,700 is paid in full.

Furthermore, soldiers who fail to pay the money in full by the deadline will forfeit all contributions made to that point and will not be eligible for any MGIB benefits.

Many soldiers have had problems with their local finance offices erroneously stopping the reduction in pay when it reached \$600 or \$12,009. In some cases, Finance refunded some payments to the soldiers. These are finance problems and errors, and must be resolved. DFAS has sent a message out to field finance offices advising them of the needed corrective action. However, soldiers are ultimately responsible for initiating action to discover and correct finance mistakes. Soldiers may have to make lump sum payments to ensure the full \$2,700 is paid within the 18 months. For more information, contact Bill Unger, 526-4125, or any guidance counselor at the education center.

**Post Laundry Service** — The Post Laundry service provides free laundry and dry cleaning service to soldiers for government-owned property only. Items issued by the Central Issue Facility should be cleaned at the Post Laundry prior to turn in. Soldiers are reminded to allow extra time for items to return from the cleaners. It is not recommended to pick up your equipment on the same day as the scheduled CIF appointment. The turnaround for the service is 72 hours and no appointment is necessary. The Post Laundry will not clean personal items like BDUs, boots, tent pegs, canteens, entrenching tools or wet-weather gear. Material TA-50 items that can be washed include: sleeping bag assembly, chemical suits, Gortex, ruck sacks, coveralls, CVC jackets and most web equipment. Hours of operation are 7:30 a.m. to noon and 12:30 to 3:45 p.m., Mondays through Fridays, excluding holidays. For more information call, 526-8806 or 526-8804.

**Fort Carson Ammunition and Explosives amnesty turn-in** — When military A & E is found outside the boundaries of Fort Carson military areas, notify the local civilian authorities or the military police, 526-2333. Abandoned military A & E, excluding small arms ammunition up to and including .50 caliber, will not be moved by untrained personnel. If A & E are found, notify the Fort Carson 764th Explosive Ordnance Company, 526-2643. Abandoned A & E found on post may be turned in at the Ammunition Reclamation Area, located on Butts Road, one mile south of the airfield. The hours are Mondays through Fridays from 7:30 a.m. to 3:30 p.m. For more information, contact the Ammunition Supply Point, 526-4381, or the Quality Assurance Office, 526-1795 or 526-1892.

**Procedure for replacing lost or stolen Identification Cards** — Effective immediately, all soldiers assigned or attached to Fort Carson who have had an ID Card or Common Access Card lost or stolen will be required to present a memorandum signed by their commander when requesting a replacement card. Local policy requires all active duty soldiers, reservists, retirees, family members and Fort Carson civilian employees who lose their ID or Common Access Card to present a form of identification before a replacement card can be issued. The following forms of ID are acceptable: valid driver's license with photo, state ID with photo, birth certificate with seal or photocopy of birth certificate that reflects the state file number. If no form of ID is available, the soldier must be accompanied by a senior noncommissioned officer (Sgt. 1st Class or above) or a commissioned officer.

## Hours of operation

**The 3rd Cavalry Museum** will be open to the public from 9 a.m. to 4:30 p.m. Mondays through Fridays. The museum will be closed federal holidays, except Memorial and Veterans days. Group tours and individual visits from civilians without a valid government identification card can be arranged by contacting the museum, 526-1404 or 526-2028, within 24 hours of the planned visit. The museum staff apologizes for any inconveniences the schedule may create.

**The Information, Tickets and Registration** office has moved — ITR is now located in the Outdoor

Recreation Complex, building 2429 on Specker Avenue. The staffs of the ITR Office and the ORC Information Desk are being combined in an effort to better serve customers. Hours of operation are Tuesdays through Saturdays, 10 a.m. to 5:30 p.m. For information, call 526-2083 or 526-5366.

For official travel services, Carlson-Wagonlit Travel, in building 1012 on Long Street, is open Mondays through Fridays from 7:30 a.m. to 4 p.m., and until 3 p.m. on training holidays.

Travelers are reminded to bring three copies of travel orders when picking up tickets for official travel. Soldiers and family members must have one original and one copy of their "travelopes" and three copies of each order, to include amendments, for overseas permanent changes of station. If you cannot pick up your tickets in person, you can fax a copy of orders to 526-1142 or 576-5262 for issuance of an E-ticket.

Please call 576-5188 to confirm receipt of faxed orders. Tickets will not be issued without orders. If you do not use your ticket, you must bring it and two copies of your orders. If you were issued an E-ticket and did not travel, you still must bring in two copies of orders to process a refund for the unused ticket.

**Central Issue Facility** hours of operation are: Regular business hours: Mondays, Tuesdays, Wednesdays and Fridays from 7:30 to 10:30 a.m. and 11:30 a.m. to 3 p.m. and Thursdays 7:30 to 10:30 a.m. Initial Issue/Partial Issue/DX: Mondays, Tuesdays, Wednesdays and Fridays from 7:30 a.m. to 10:30 a.m. and 11:30 a.m. to 3 p.m. and Thursdays: 7:30 to 10:30 a.m. Partial Turn-Ins: Mondays, Tuesdays, Wednesdays and Fridays from 11:30 a.m. to 3 p.m. All Full Turn-Ins require an appointment. Please call 524-2006 or 526-2729 to schedule an appointment. For questions, call Stacey Sly at 526-5512.

## Briefings

**Special Forces briefings** — Special Forces recruiting briefings are held Wednesdays at 1:30 p.m. at Thursdays at 1:30 p.m. and 3:30 p.m. at the Grant Library for males in the pay grades E-3 to E-7 with a GT score of 100 or higher and who are U.S. citizens.

**ETS/Transition briefing schedule** — In order for soldiers to receive their ETS orders, soldiers must attend an ETS briefing. Soldiers may sign in at 7:15 a.m. and the briefing begins at 7:30 a.m. in building 1118, room 317. For more information, call the Transition Center at 526-2240 or 526-4298.

**Pest control training** — Pest Management Regulation, AR 200-5, requires only certified applicators apply pesticides on military installations. The Directorate of Environmental Compliance and Management has a program that provides military personnel the necessary training and herbicide. Each unit is allowed a maximum of five people for training unless approved through the unit commander to DECAM. Training sessions are scheduled for the first and third Tuesday of every month from 10 to 11 a.m. at building 3711 until all units have received the training.

**The Commanding General's Newcomers' Brief** is the third Wednesday of each month at 1 p.m. at McMahon Theater.

The following are dates for upcoming briefings: Nov. 20 and Dec. 18.


## Miscellaneous

**Monthly siren test** — To ensure Fort Carson sirens remain operational, a monthly test will be conducted at noon on the last Friday of each month. The test will sound six seconds on, six seconds off, for a duration of five minutes. The "all clear" will be indicated by a continuous three-minute siren.

**The Air Defense Artillery Association** at Fort Bliss, Texas, carries hatbands, spurs, straps and the like. The association also sells unit coins.

For more information, call (915) 564-4331 or visit the Web site at [www.FirstToFire.com](http://www.FirstToFire.com).

**Editor's note:** The deadline for submitting "briefs" to the Mountaineer is 5 p.m. Friday before publication.



**Better Opportunities for Single Soldiers**

**BOSS Executive Council** meets the first Wednesday of each month at 10 a.m. at the Post Physical Fitness Center, building 1829. The post BOSS meeting, for BOSS representatives, meets the second Thursday of each month at Christopher's from 1 to 3 p.m. For information, call 524-BOSS.

## MWR facilities to become smoke-free environments Dec. 6

### Courtesy Directorate of Community Activities

In 1997, then President Bill Clinton signed an executive order to make federal facilities smoke-free, but the Department of Defense received a waiver extending the implementation of the executive order in Morale Welfare and Recreation facilities. The Secretary of Defense then ordered that the policy would take effect for all MWR facilities Dec. 6, 2002.

The new policy will affect all MWR facilities to include club activities, bowling centers and facilities that sponsor children's programs. They will all become no smoking facilities. The policy does not apply to lodging facilities; Army lodging is exempt from this order, although many Army lodging facilities have chosen to be non-smoking.

Clinton signed the executive order, titled "Protecting Federal Employees and the Public from Exposure to Tobacco Smoke in the Federal Workplace," Aug. 9, 1997. The policy is as follows:

"It is the policy of the executive branch to establish a smoke-free environment for federal employees and members of the public visiting or using federal facilities. The smoking of tobacco products is thus prohibited in all interior space owned, rented or leased by the executive branch of the

federal government, and in any outdoor areas under the executive branch control in front of air intake ducts."

An exemption to this order allows for smoking within a facility that has a separate room equipped with a "negative-flow air handling system. Plans currently exist to install this type of system into the bowling center lounge. Upon approved funding and the construction of this system, smoking will be permitted in the Brass Rail Lounge.

As a special note, we would like to extend thanks and appreciation to all our customers for understanding and complying with this directive.



## Pageant

From Page 5

preparation for the pageant, not a lot of work went into getting ready.

"I had a makeup consultation, an interview consultation, a walking con-

sultation and help picking out my evening gown and swimsuit," Argueta said.

The pageant contestants were judged by a panel of seven judges on three separate areas: the swimsuit, the evening gown and their interview with

the judges. Argueta said she was a little nervous during the pageant and the hardest part of the pageant was walking the stage, but having never been in a pageant before, Argueta is planning on using the experience of the pageant when she enters future pageants.

"I didn't have any expectations," Argueta said. "I didn't expect to place, being that it was my first pageant. I plan on competing next year. Maybe not in the Miss Colorado USA pageant, but definitely somewhere."

Although Argueta didn't come



# Greenback

## Clarification of message for dental, medical officers



**Jang**

**by Capt. Ho Jang  
4th Finance Battalion**

There has been an incorrect rumor being sent to the Dental Corps from the Dental Corps Branch Chief at Personnel Command. Here is the correct information: dentists who were attending dental school before Sept. 15,

1981 and who entered active duty as a dental officer after Sept. 15, 1981, have no authority for constructive service credit and are not authorized any additional back pay.

The Dental Corps sent out this message to their dentists more than two months ago. Some Mil Pay offices have made changes to PEBDs based upon erroneous 1506s provided to them by their Personnel Support Battalions and Adjutant Generals.

Prior to Sept. 15, 1981, medical and dental officers were entitled to four years' constructive service credit under the provisions of 37 U.S.C. 205(a)(7), (8) for attending medical or dental school, which was used for the purpose of computing their basic pay entitlement. The Defense

Officer Personnel Management Act effectively repealed the statutory authority for this constructive service credit Sept. 15, 1981. At that time, Congress determined that the constructive service credit was no longer appropriate, because it had developed a system of special additional pay for all uniformed health professionals to increase their current income.

However, the DOPMA also contained a savings clause for certain officers who would have otherwise lost the constructive service credit. The plain language of the savings clause ... specifically and unambiguously preserves the constructive service credit of the repealed provisions only for physicians and dentists commissioned as medical and dental officers prior to Sept. 15, 1981. There is no authority to give constructive service credit to individuals who were attending dental school before Sept. 15, 1981, and who entered active duty as a dental officer after Sept. 15, 1981, and no back pay

should be paid to such officers.

### New finance hours

As of Monday, B and C Detachment finance facilities changed their hours of operation. Their new hours are from 9 a.m. to 3 p.m. Mondays through Wednesdays and Fridays. Thursdays will remain closed for Sergeant's Time training.

### Finance tip of the week

#### What is a proper paid receipt?

A receipt is defined as a legal recognition that a bill has been paid and constitutes the basis for reimbursing the traveler for expenses incurred. When submitting your claim for lodging, rental car or any items of expense that exceed \$75, you are required to submit a receipt that shows you have paid the bill in full and there is a zero balance



on the final receipt. If you failed to obtain a proper receipt, you must submit a written justification explaining why receipts are not being provided.



# Dining Schedule

## Weekday Dining Facilities

### A La Carte Facilities

43rd ASG Cheyenne Mtn. Inn (building 1040)  
3rd BCT Iron Bde. (building 2061)  
3rd ACR CAV House (building 2461)  
3rd ACR Butts Army Airfield (building 9612)

### Standard Facilities

10th Special Forces Group (A) (building 7481)

### Weekday Meal Hours

<b>Mon., Tues., Wed. and Fri.</b>	<b>Thur.</b>
Breakfast 7:30 to 9 a.m.	5:30 to 7 a.m.
Lunch 11:30 a.m. to 1 p.m.	noon to 1:30 p.m.
Dinner 5 to 6:30 p.m.	4 to 5:30 p.m.

## **Week of Nov. 7 to Nov. 15**

### **Exceptions**

- Butts Army Airfield Dining Facility serves breakfast and lunch meals only.
- Cheyenne Mountain Inn breakfast hours are 7 to 9 a.m. on Mondays, Tuesdays, Wednesdays and Fridays.
- 10th SFG (A) meal hours are the same Monday through Friday. It serves no dinner meal on Fridays.

## Saturday, Sunday and Training

### Holiday Dining Facilities

43rd ASG Cheyenne Mtn. Inn (building 1040)

## Saturday, Sunday and Training

### Holiday Meal Hours

Brunch	9 a.m. to 1 p.m.
Supper	3 to 5 p.m.

*Family members are cordially invited to dine in Fort Carson dining facilities.*

# Health care: Army often reimbursed by insurance companies

by Derek W. Shoup

Office of the Staff Judge Advocate  
Claims Division

One valuable benefit of military service is free health care to service-members, retirees and family members.

However, Uncle Sam is not always who ultimately pays for this military medical care. Sometimes an insurance company or other person must reimburse the Army for the cost of medical care. Examples of reimbursable events are automobile accidents, assaults, dog bites, slips and falls on another's property. The money is not recovered from the injured person. Rather, the money is collected from the person who caused the injury, or the insurance company responsible for the medical care.

The law that authorizes such reimbursement is the Federal Medical Recovery Care Act. It states that if a military healthcare beneficiary is injured due to the negligence of another person, the Army can make a claim and sue to recover the cost of the health care provided. The United States can even recover money for lost wages when a soldier misses work due to injury. Locally, such claims are processed by the affirmative claims section at the Office of the Staff Judge Advocate.

A common example of such a claim is when a soldier, family member, or retiree is injured in a car accident. The Claims Office then makes a claim against the car insurance company responsible for paying the medical costs. If Evans Army Community Hospital provided the medical care, the money recovered goes directly back to the hospital budget. If TRICARE funded the medical care, the money recovered is returned to TRICARE. Money recovered for lost wages goes directly back to the soldier's unit operation and maintenance budget.

The law requires that all military affiliated medical patients, whether a family member or retiree, cooperate with the Claims Office in pursuing recovery. To gather information to make the claim, the Claims Office sends a questionnaire to the injured person. Questionnaires are generally sent to the injured person's home address. If the home address or barracks number is unknown, then the questionnaire is routed through the soldier's chain of command. Some information on injuries and car insurance is also gathered when patients register for treatment at the Emergency Department of EACH. Should any injured person retain a lawyer after an accident to recover money for pain and



**When it comes to medical care in the military, Uncle Sam doesn't always pay for medical care. Sometimes an insurance company or other person must reimburse the Army for the cost of medical care**

suffering, he or she must contact the Claims Office and provide the attorney's information.

This program returns over \$300,000 each year to EACH and to TRICARE. This money can then be used toward the care of other patients.

The Claims Office also makes claims for government property damaged or lost due to private negligence, theft or vandalism. If you are aware of

injuries or damage that could result in monetary recovery for the Army, contact the affirmative claims section at the Office of the Staff Judge Advocate, building 6285, telephone 526-1381. The Claims Office is open Mondays through Wednesdays and Fridays from 9 a.m. to 11:30 and 1 p.m. to 4 p.m. and open Thursdays from 1 to 2:30 p.m.

## Once on this Island

### DCA presents a dinner theatre event

by Sean Stewart

Directorate of Community Activities

"Once On This Island" is a musical dinner theatre performance, which will take place at the Elkhorn Catering and Conference Center Nov. 23 at 6 p.m. with a special piano bar reception and the dinner buffet beginning at 6:30 p.m.

The curtain drops at 7:30 p.m. as part one in a series of special dinner theatre events brought to you by the Directorate of Community Activities Cultural Group.

Tickets for this event went on sale Monday at the Elkhorn. This event boasts a special one-time-only price of \$13.50 for adults, \$6.95 for children age 3 to 9 with children 2 and under free.

"Once on this Island" was the first real taste of success for composers Lynn Ahren and Stephen Flaherty. Based on the novel "My Love, My Love," by Rosa Guy, the

show is a twist on the traditional "Little Mermaid" tale, and tells the story of Ti Moune, a poor peasant girl who falls in love with Daniel, an upper class boy whose life she saves after a car crash. Central to the story are four gods that the peasants believe rule their lives. The gods of Love (Erzulie), Earth (Asaka), Water (Agwe) and Death (Papa Ge) cause the lives of the young lovers to intersect, and send Ti Moune on the fateful jour-

ney that tests the strength of her love.

Set in the French Antilles, "Once on this Island" boasts a score that is immediately and continually reflective of this locale. There are rousing, upbeat numbers like "Mama Will Provide," and "Some Say," as well as poignant ballads like "The Human Heart" and "Forever Yours." While some of the numbers stand on their own, there can be no mistaking a song from "Once on This Island" with a song from any other show,

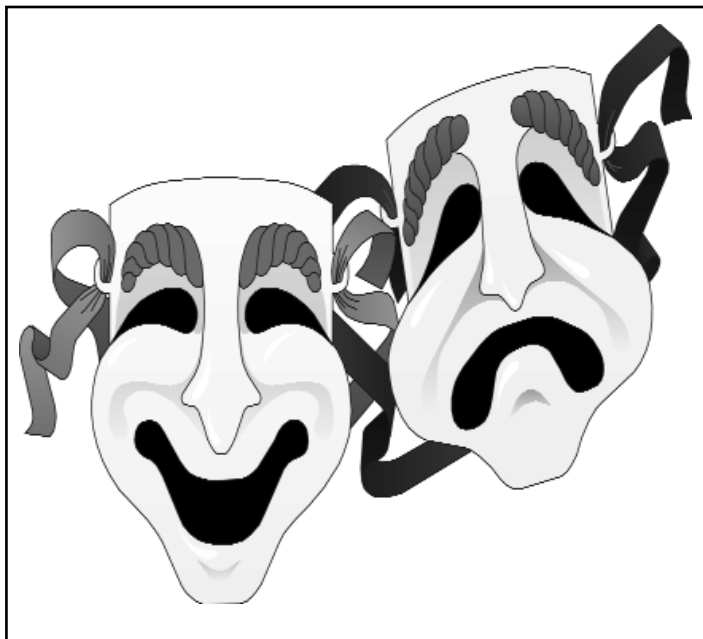
because Ahrens and Flaherty never betray the story's Caribbean roots.

The score is so fresh and different that every time you listen to it, it feels like the first time. You might cry during the last song, "Why We Tell the Story," in which the storytellers explain Ti Moune's reincarnation, and express the hope that future generations will continue to tell the story and draw

strength from its message.

"Once on this Island" originated at Playwrights Horizons April 6, 1990. It opened at the Booth Theater on Broadway Oct. 18, 1990, and played for 469 performances. The show also received eight Tony Award Nominations, including Best Musical, Best Score and Best Book.

For ticket information, please contact the Elkhorn at 576-6646.



## Powers of attorney needed for housing

by Capt. John Jurden

Office of the Staff Judge Advocate  
Legal Assistance Division

Are you a soldier on the post housing waiting list? Do you plan to deploy on an exercise in the near future? Do you have the right power of attorney to enable your spouse to obtain post housing in your absence?

If your answer to the first two questions is "yes," then you need to provide your spouse the specific power of attorney which the Fort Carson Family Housing Office needs. In order for a soldier's spouse to obtain on-post housing in his or her absence, the Housing Office requires the soldier to provide the spouse with a specific power of attorney, authorizing the spouse to start, stop or change an allotment to the Fort Carson Family Housing Office. This power of attorney authorizes the spouse to begin an allotment of the soldier's Basic Allowance for Housing to pay rent for on-post housing. Soldiers should also ensure their spouse has a power of attorney authorizing their spouse to sign the necessary lease documents with the Housing Office.

You may obtain this specific power of attorney at the Fort Carson Legal Assistance Division on a walk-in basis. For other legal assistance matters, the Fort Carson Legal Assistance Division schedules appointments for the following week on the preceding Friday. The Legal Assistance Division provides appointments on Monday and Friday mornings, as well as Wednesdays. Walk-in consultations are available on a first-come, first-served basis on Monday and Friday afternoons, beginning at 1 p.m. You may call 526-5572 to arrange for an appointment.)



# Community

## Fort Carson utility bill drops with help of community

by Susan C. Galentine-Ketchum  
Directorate of Environmental Compliance and  
Management

Dwindling water resources and costly energy make conservation a high priority at Fort Carson. Residents and workers on Fort Carson have paid attention to requests to watch their utility consumption, which includes electricity, natural gas and water, and the results are impressive.

Colorado is in the middle of one of the worst droughts in the state's history. To do its part in maintaining an adequate supply of water in the Colorado Springs area, residents rose to the challenge of cutting back on their water consumption. Water usage was reduced by more than 100 million gallons in fiscal 2002 from fiscal 2001, said Scott Clark, energy coordinator for the Directorate of Environmental Compliance and Management. This equals a cost savings of more than \$175,000 for the installation.

Energy costs were reduced by almost \$2.2 million dollars in fiscal 2002 over fiscal 2001. The savings were realized despite continuing construction and is attributed to increased energy efficiency, a warm winter and lower natural gas prices, said Clark.

Aggressive conservation efforts and policy are implemented through DECAM and the Directorate of Public Works, but without the buy in of the Fort Carson community, the efforts wouldn't succeed. A benefit to the community is that money saved from utility conservation efforts is allocated toward post

improvement projects.

### Water conservation programs:

While residents are playing a large role in water conservation, Fort Carson also has several initiatives in place to aid the effort.

- In 2002, the command initiated a master Xeriscape landscaping plan for the installation, which will reduce the amount of area requiring irrigation by using water-conserving plants, rocks or bark ground cover. Irrigation and outside water usage accounts for almost half of a typical household's water usage.

- Military units are encouraged to use the Central Vehicle Wash Facility instead of unit wash racks for cleaning military vehicles. Using the CVWF saves 200 million gallons of water annually, because the water is recycled for reuse at the same facility. The CVWF operates 12 months a year and can wash up to 500 vehicles in a single day. The facility operates on the same makeup water for up to two years at a time, with only minor additions of water to make up for evapora-

## Carson's water conservation recognized during Springs utilities award luncheon

by Spc. Jon Christoffersen  
Mountaineer staff

During a luncheon held Oct. 29, Colorado Springs Utilities honored the Springs Water Saver Champions.

The Champions were businesses and communities which are currently working hard to conserve water during the drought. Fort Carson was among the award recipients for efforts this summer on the Mountain Post. During the ceremony, Mike Madson, chief meteorologist for KKTU, Channel 11, read the accomplishments of the

awardees. "Fort Carson provided weekly e-mail water updates and tips to all e-mail account users, used processed wastewater to water the golf course, required the approval of any new sod/landscaping, eliminated car wash fundraisers and developed an Xeriscape policy. Fort Carson's measures reduced water use by 30 percent in August and 45 percent in September," Madson said.

Vince Guthrie, Directorate of Public Works, Utilities Program director, was present to accept the award.

tion losses.

- A unit area where vigilance pays off is at the unit wash rack. Leaky valves at unit wash racks contribute up to 88 percent of water leaks, and require careful monitoring and prompt repair.

- Since the 1970s, Fort Carson has used treated wastewater for irrigation at several locations, such as the golf course. This program saves valuable fresh

# Community Events

## Coming up

**Attention modelers** — The Mountain Post Armor Show is Saturday at the 3rd Armored Cavalry Regiment museum and includes figures from 1860 through the present. Best of awards and door prizes will be given out. Registration is from 8 a.m. to 1 p.m. and awards will be given from 3 to 3:30 p.m.

**Legal Assistance Division** of the office of the Staff Judge Advocate will be closed Monday due to the Fort Carson training holiday.

**EEO classes** — The Fort Carson Equal Employment Opportunity Office continues with its presentations of human relations topics for civilian employees, Wednesday. The class will be "Counseling/Feedback." Additionally, there will be a special video session Nov. 20 that presents a topic that commemorates Native American History Month and should be of interest to those of us who live and work in the West.

Classes will be conducted from 8:30 to 11:30 a.m. in the Cedar Room at the Family Readiness Center (next to the commissary). The length of the video sessions will vary.

For more information or to register for a class, contact your training coordinator, or call EEO at 526-4413.

**ROCKS Meeting** — ROCKS Inc., Colorado Springs Chapter, will hold a meeting in the Provider Chapel Nov. 15 at 5:30 p.m. The meeting is open to all active duty, Reserve, retired and former commissioned officers of the U.S. Armed Forces, as well as widows and widowers of deceased servicemembers. For more information, call Maj. James Woods, 524-0331, or visit the Web site at [www.rocksync.org](http://www.rocksync.org).

**Education fair** — An education fair will be held Nov. 20 at Evans Army Community Hospital from 9 a.m. to 3 p.m. Area school representatives will be available to discuss programs with soldiers, family members, civilians and retirees. For more information, call Virginia Frasier at 526-5544.

**Christmas fundraiser** — The 4th Battalion, 3rd Armored Cavalry Regiment, is holding a toy consignment sale to help local military families with toy expenses during the holiday season. The toy sale will be held at the Post Physical Fitness Center, building 1160, Nov. 16 from 1 to 2 p.m. Customers will be able to purchase new or gently used toys and children's items at a discounted price.

For those interested in selling items, they may be dropped off at PPFC Nov. 15 between noon and 5 p.m. Families will price their own items, and there will be a 10 percent consignment fee for each item sold and \$1 admission fee for every adult customer. Cash only please. Funds raised will go to Nomad Troop Family Readiness Group. For more information, call Kristin Keown at 392-8328.

**Accreditation survey** — The Joint Commission of Accreditation of Healthcare Organizations will be conducting an accreditation survey at Evans Army Community Hospital Dec. 10 to 13.

**Influenza season is approaching** — The Preventive Medicine Department and Evans Army Community Hospital are gearing up for our annual Flu Shot Clinic. As in the past, the vaccine will be received in partial deliveries, the first doses being administered to active duty and high-risk beneficiaries. The Flu Clinic is anticipated to begin mid-October. Please contact the "Flu Shot Hotline" at 526-6422 for information on dates, times, locations and clarification of who is considered high-risk. This hotline is updated weekly or more often as needed.

**Project Santa** — Every year the Ironhorse Sertoma Club and the Fort Carson Officers' Wives' Charitable Association put together Project Santa to bring holiday cheer to children at Fort Carson. Along with the Enlisted

Spouses' Charitable Organization and the Directorate of Community Activities, many on post are dedicated to this worthy project that ensures less fortunate children a merry Christmas.

Command Financial noncommissioned officers within each unit are currently gathering information about families who may be in need during the holidays. There will be boxes placed throughout post for toy donations. Toys should be new, unwrapped and age appropriate for children up to the age of 17. The toys should range between \$10 to \$15. Another great way to participate in Project Santa is to make a monetary donation, and the committee will then purchase the gifts.

For more information, call Theresa at 576-1767 or Jessica at 576-1865.

**Veterans Day parade** — A parade to honor ex-prisoners of war and those missing in action will be held Saturday at 9:30 a.m. The grand marshals of the parade will be Mario Manfredini, representing veterans of World War II, John Tagert, representing the Korean War, and John (Mike) McGrath, representing the Vietnam War. All three grand marshals are ex-prisoners of war. The theme will be "Honoring Ex-Prisoners of War and Missing in Action." However, all veterans are encouraged to participate and will be honored. For more information, contact Diana D. Ceciliani, Executive Director Colorado Springs Veterans Day Parade, Inc. at 282-1648 or [vaparade@aol.com](mailto:vaparade@aol.com).

**The Fort Carson ID Card Section will be moving** from building 1118 to building 6225, located on Prussman Boulevard., east of the Carson Middle School. The section will have limited services on Nov. 18 and will be closed Nov. 19 and 20 for relocation. Normal operations will resume Nov. 21. Family members and retirees can receive their ID cards at Peterson Air Force Base and the Air Force Academy. Due to the shortage of Common Access Cards, soldiers can get their new ID at Peterson or the Academy if they have deployment orders. For more information, call Mary Foster, 524-3704.

**The Civilian Personnel Advisory Center will be sponsoring a Health Fair** Nov. 20 at the Elkhorn Conference Center, Cheyenne Room, from 9 a.m. to noon. Representatives from Mail Handlers, GEHA, Pacificare, Kaiser and Blue Cross/Blue Shield will be present. Employees are encouraged to attend. This will be your only opportunity to receive health care information from the health care providers. For more information, call Angelina Sanchez, 526-6971.

## Fort Carson

**Family Skate Night** — Family Skate Night will end Nov. 23, but will resume Jan. 5.

**Claims against the estate of** — With deepest regrets to the family of Spc. Macbeth Lengsi, deceased. Anyone having claims against or indebtedness to his estate should contact 1st Lt. Scott Sylkatis at 526-6138.

**Rise above the fall** — The leaves may fall but don't let your fitness program fall away when the cold weather hits. In the sunny warm weather most of us have lots of healthy strenuous activities to keep us physically fit. Come inside and keep up the activity level. Join the Mountain Post Wellness Program and get a complete exercise program. This program includes initial assessment to identify health risks and to provide a baseline that will show improvement and the rewards of a complete and individualized program. The program tailors a complete fitness plan for you to include aerobic, strength and flexibility. The staff will show you how to use the equipment and you will receive education classes to provide inclusive wellness information. Come inside and keep your fitness program fresh through the cold season. The Mountain Post Wellness Center is located in building 1526 next to the commissary. Call us at 526-3887 for more information.

**Fort Carson Child and Youth Services** is now offering instructional classes in Tae Kwon Do, gymnastics, ballet and yoga. The classes will be held at building 1510, Harr Avenue, in the Mini Mall. These classes are being offered to children who are enrolled in the full-day programs at the east and west centers, school age services and youth center. For those children already in the

program, free transportation will be provided to and from classes. Children whose parents are ID card holders may register at building 5510, Beacon Elementary School.

To be in the program, children must first be registered at CYS, which costs \$15 a year for one person or \$35 a year for a whole family. The instructional fee is extra. For more information, call Shirley Patterson at 524-2896 or center registration at 526-1100.

**The Fort Carson Officers' Wives' Charitable Association** is looking for new members. The organization is looking for people who have ideas, like to volunteer and want to meet new people. ESCO is a nonprofit, charitable organization that donates time and money to the community. For example, once a month, ESCO goes to Broadmoor Courts and hosts a bingo game for the residents. If you would like more information about ESCO, contact Erica Burton at 527-9607.

## Around town

**The Pikes Peak Chapter of the American Red Cross** offers many training courses throughout the Colorado Springs Community. Courses offered on military installations require a government ID card to enter the installation. For a list of current dates and times of classes being offered, call 526-2311.

Registration can be done over the phone or in person at the main office, building 1526, in the Family Readiness Center.

The American Red Cross has many health and safety classes available including Guard Start, Adult, Child and Infant Cardiopulmonary Resuscitation, Pet First Aid and CPR and a free layette program. For more information about the classes, contact Theresa Piscal at 524-1279.

**Together We Stand** health fair for retired military members will be held Saturday at the The Retired Enlisted Association Club, 834 Emory Circle. This program can help improve the well-being of our retired members, their families and their supporters.

Visit the Together We Stand health fair to check blood sugar levels, cholesterol levels, blood pressure, consult a health care professional about medical conditions, such as arthritis, Alzheimer's disease, diabetes, heart disease, posttraumatic stress disorder and prostrate disease, and learn how to get more help and information. For more information call 488-3364 or 596-5056.



Army Community Service  
Family Readiness Center  
526-4590



# Management Classes

AFTB Professional Development Series

Some of the topics covered:

- Education and enhancement of existing skills
- Effective time management
- Stress management



Nov. 14  
Dec. 12

9 to 11 a.m. or 6 to 8 p.m.  
(Times available on both days)



# Chaplain's Corner

## History buff? 'Guess who' with Veterans Day trivia

**Commentary by Chap. (Capt.) Tim Meador  
4th Engineer Battalion Chaplain**

Let's play name that veteran. See if you can guess the name of this famous person before I tell you who it is. If you can do it in the first five clues, your score is excellent; in 10 — pretty good; in 15 — not bad; more than 15 — you need to "brush up" on your history books.

Here are 20 clues. Have a great Veterans Day weekend.

1. A man of character, good judgment, and vision; He personifies personal integrity and principle-centered leadership at the highest level of public service.

2. His highest level of completed education was a high school diploma.

3. He applied for West Point, but was rejected due to his poor eyesight.

4. He was a farmer from age 21 to 33.

5. As a captain in the Army National Guard during World War I, he commanded Battery D, 149th Field Artillery. He served with distinction in the Vosges Mountains, then at St. Mihiel, the Meuse-Argonne and Verdun.

### Questions 6 to 10

6. He courted his fiancé for eight years. When he initially asked her to marry him, she turned him down because her mother didn't think he would ever amount

to anything.

7. His voice for civil rights championed change in a nation that was insensitive to economic oppression and the civil rights of black Americans.

8. He said of Gen. George C. Marshall, "He is truly the great one of the age."

9. His first political office was that of county judge.

10. In 1944 Lauren Bacall made a "leggy" pose on top of the piano he was playing at USO show. The picture in the next day's newspaper caused him some political grief.

### Questions 11 to 15

11. He was the 33rd president of the United States of America.

12. He endured the strain of transitioning a national wartime economy into a peacetime economy.

13. He carried the responsibility for deciding whether or not to use the most devastating weapon in human history — the atomic bomb — to end World War II.

14. He dealt with a collapsing economy in the free world and the menacing Communist aggression that threatened its very survival.

15. He was a wartime president when the United States was not interested in conflict.

### Questions 16 to 20

16. He fired Gen. Douglas MacArthur.

17. The Democratic boss in his home state called him "contrariest cuss in Missouri."

18. He kept a sign on his desk that read, "The buck stops here."

19. Ultimately, his greatest contribution to the country, was the fact that he saw the necessity of the United States taking a commanding role in world leadership.

20. Dean Acheson, Secretary of State in his administration from 1949-53, called President Truman, "The captain with a mighty heart."

Harry S. Truman is one of the great leaders in American History. His toughness, endurance and humble nature endear him to the American people, more so now than in the days he served as the 33rd president of the United States. He said that being a veteran and going to war was one of the defining moments of his life that prepared him for greater service in the years ahead.

As we celebrate Veterans Day, let us remember the veterans who have served this nation with distinction. Most have given of their time, many have endured hardship, some have given the last full measure of devotion, few exit the experience unchanged; but all have been willing to "lay down their lives for their friends." And as Jesus said, this is the full measure of love. Freedom will require such love again.

## Water

From Page 13

water resources.

### Energy conservation programs:

Fort Carson's energy bill alone for fiscal 02 came to \$10.3 million. This cost is hard for the individual to realize since they do not directly pay for their usage. Fort Carson has a long history of finding new ways to tackle energy con-

servation and thereby reducing energy costs for the entire installation.

- Solar energy is captured for passive and active use at such facilities as the indoor pool, Evans Army Community Hospital, heating of the AVUM hangar at Butts Army Airfield, supplying power at water wells down range and flashing lights at several road crossings. There are more than 100 solar systems operating on the installation and more than 400 solarized battery chargers are being used in tactical

vehicles and equipment.

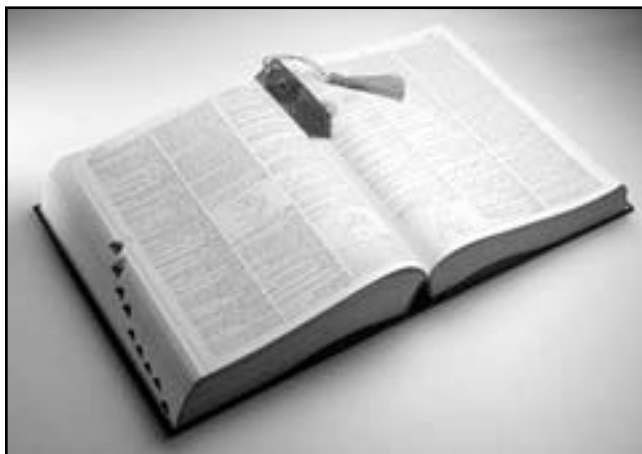
- Fort Carson is spending about \$22 million replacing the high temperature hot water lines that distribute heat to most of the buildings on post. Replacing these distribution lines increases efficiencies thus reducing natural gas usage.

- Energy programs, such as Building Energy Monitor and Energy Conservation Officer training, ensure units comply with the commanding general's energy policy by incorporating

energy conservation in military unit facilities.

Large-scale water and energy requirements on an installation the size of Fort Carson are a given. With ever-changing technology and increased awareness, however, the Fort Carson community has proven it is prepared to do its part in conserving resources.

For more information on water conservation, call Richard Pilatzke at 526-1730. For information on energy conservation, call Scott Clark at 526-1739.



## Chapel

### New study for young couples beginning at Soldiers'

**Memorial Chapel** — A new time of study and conversation for young couples is beginning at Soldiers' Memorial Chapel, building 1500 (next to the PX), Sundays at 10 a.m. This group is for young couples with or without children. Child care is provided free. If your spouse is deployed, please come. The group will discuss and explore topics of interest both in and outside of the Bible. For information contact Soldiers' Memorial Chapel 526-8011.

**Protestant Sunday School will seek to connect faith and life with "Faith Weaver"** — Protestant Sunday School are under way each Sunday at 9:30 a.m., Soldiers' Memorial Chapel. Classes for preschool through adult are available. Come join in the growing and fun. A variety of adult studies will be offered each Sunday. Registration is being conducted at Soldiers' Memorial Chapel. For more information, call Dennis Scheck at 526-5626.

**Native American Sweatlodge ceremonies** — (He Ska Akicita Inipi) are offered to military personnel, family members and Department of Defense personnel for traditional prayer and purification. Fasting before the ceremony is recommended and refreshments are offered following the ceremony. Please call the following for ceremonial information and directions: Michael Dunning at 382-5331 or 330-9537 or Zoe Goodblanket at 442-0929.

## Chapel Schedule

ROMAN CATHOLIC					
Day	Time	Service	Chapel	Location	Contact Person
M-W-F	noon	Mass	Healer	Evans Army Hospital	Fr. Gagliardo/526-5769
Tues., Wed., Thurs.	noon	Mass	Soldiers'	Nelson & Martinez	Chap. Stahl/526-5769
Saturday	5 p.m.	Mass	Soldiers'	Nelson & Martinez	Chap. Stahl/526-5769
Sunday	8 a.m.	Mass	Prussman	Barkeley & Prussman	Chap. Stahl/526-5769
Sunday	9:30 a.m.	Mass	Soldiers'	Nelson & Martinez	Chap. Stahl/526-5769
Sunday	10:45 a.m.	CCD	Soldiers'	Nelson & Martinez	Jim Sciegel/526-5744
Sunday	11 a.m.	Mass	Healer	Evans Army Hospital	Fr. Gagliardo/526-7386
Sunday	12:15 p.m.	Mass	Provider	Barkeley & Ellis	Chap. Stahl/526-5769
EASTERN ORTHODOX					
Sunday	8 a.m.	Divine Liturgy	Soldiers'	Nelson & Martinez	Chap. Olson/526-5772
PROTESTANT					
Sunday	9 a.m.	Protestant	Healer	Evans Army Hospital	Chap. Simmons/526-7387
Sunday	9 a.m.	Protestant	Provider	Barkeley & Ellis	Chap. Drake/526-4206
Sunday	9:30 a.m.	Protestant	Veterans'	Magrath & Titus	Chap. Atkins/524-1822
Sunday	11 a.m.	Protestant	Soldiers'	Nelson & Martinez	Chap. Kincaid/526-8011
Sunday	11 a.m.	Prot./Gospel	Prussman	Barkeley & Prussman	Chap. Pair/526-2811
Sunday	9:30 a.m.	Sun. School	Soldiers'	Nelson & Martinez	Dr. Scheck/526-5626
Sunday	9:30 a.m.	Sun. School	Prussman	Barkeley & Prussman	Chap. Pair/526-2811
Sunday	6:30 p.m.	PYOC	Soldiers'	Nelson & Martinez	Ms. Scheck/524-1166
LITURGICAL PROTESTANT					
Sunday	10:45 a.m.	Protestant	Provider	Barkeley & Ellis	Chap. Bauer/526-5279
JEWISH					
For information and a schedule of Jewish Sabbath services, call the U.S. Air Force Academy Cadet Chapel at 333-2636.					
WICCA					
2nd and 4th Tuesday	6:30 p.m.		Spiritual Fitness Center	Barkeley & Ellis	Ms. Costantino-Mead/ (303) 428-7703

For additional information, contact the Installation Chaplain's Office, building 1550, at 526-5209. Normally, free child care is available during on-post worship services.

**Daily Bible readings:** In order to assist in regular scripture reading, the following scriptures are recommended. These scriptures are part of the common daily lectionary which is designed to present the entire Bible over a three-year cycle.

**Friday — Exodus 15:1-18 & Hosea 8-10**

**Saturday — Psalms 122 & Hosea 11-14**

**Sunday — Psalms 123 & Joel**

**Monday — Psalms 124 & Amos 1-5**

**Tuesday — Psalms 125 & Amos 6-9**

**Wednesday — Psalms 126 & Obadiah & Jonah**

**Thursday — Psalms 127 & Micah 1-3**

The Army Cycle Of Prayer — Each week the Office of the Army Chief of Chaplains will highlight Army units, the Army at large, the nation and religious organizations to focus prayer. You are invited to join with the chaplain community and pray for these individuals and organizations. Please pray this week for the following: **UNIT:** For the soldiers, noncommissioned officers and officers of the National Guard 76th Infantry Brigade, located in Indiana.

**ARMY:** For the cadets, staff and faculty of the U.S. Military Academy at West Point, N.Y.

**STATE:** For all the soldiers and families from the state of New Hampshire. Pray also for Gov. Jeanne Shaheen, the state legislators and local officials of the "Granite State."

**NATION:** For the Secretary of Veteran Affairs Anthony Principi. Pray for our nation's second largest agency in its efforts to provide health care services, benefits programs and national cemeteries for America's veterans and family members.

**RELIGIOUS:** For Muslims around the world in their celebration of Ramadan, beginning Wednesday, a month of blessing marked by prayer, fasting and charity.

For more information on the Army Cycle of Prayer, or to pray for items from previous weeks, visit the cycle's Web site at [www.usarmychaplain.com](http://www.usarmychaplain.com).



IT'S BEGINNING TO LOOK A LOT LIKE ...

Start preparing now for winter weather



by Spc. Stacy Harris  
Mountaineer staff

It's getting to be that time of year and snow is once again in the forecast. Now is the time to prepare yourself both mentally and physically for the next upcoming months.

"Each person is responsible (for road safety in inclement weather)," said Jenny James, safety specialist from the Fort Carson Safety Office.

In Colorado, storms can hit in an instant, and if a person is not prepared, the chance of having an accident is much greater, said D.L. Burton, safety specialist from the Fort Carson Safety Office.

"You need to be prepared before it happens," Burton said. "Storms can happen at any time."

While driving on ice-packed roads, it is important to keep a safe distance, James said, as well as using your turn signals and checking blind spots.

"Remember, intersections are very slippery and people (drivers) do slide through them," she said. "It's (safety precautions) all really common sense."

James said that when the weather gets bad, it is important to follow good driving habits and make sure the car is visible at all times to other drivers on the road — even in daylight.

"With bad road conditions, you need to change your attitude and slow down," she said. "It would save a lot of lives if you just slow down a little bit."

According to a winter driving presentation used by the Fort Carson Safety Office, the leading cause of death during winter storms is transportation accidents. This makes it even more important to keep the speeds down during bad weather, prepare vehicles for the winter season and know how to react if stuck in the middle of a snowstorm.

"If their (soldiers') car is not ready, if they are not prepared for winter driving mentally, their chances of getting into an accident increase," Burton said. "Also, if they get stranded and don't have an emergency care kit ... it might be hours before they get rescued."

The Fort Carson Safety Office suggests everybody have the following checked on their vehicles before a winter storm:

- Battery
- Antifreeze
- Wipers and fluid
- Ignition system
- Thermostat
- Lights/ flashing lights
- Exhaust system
- Heater/defroster
- Brakes
- Oil level
- Winter tires/chains

There are many good habits people should maintain to protect themselves and reduce the risk during hazardous weather, Burton said.

"Do a quick risk assessment before doing any activity during the winter," he suggests.

Some of these good winter practices include keeping your gas tank topped-off, dressing warmly with layered clothes and carrying a winter car care kit.

The care kit should include:

- A flashlight and extra batteries
- First aid kit and pocket knife
- Necessary medications
- Several blankets and sleeping bags
- Newspapers for insulation
- Plastic bags for sanitation
- Matches/lighter
- Mittens, socks and wool caps for the whole family
- Rain gear and extra clothes
- Sand or cinders for traction
- Small shovel and tool kit
- Battery jumper cables
- Tire chains or traction mat
- Cards, games and puzzles
- Bright cloth or plastic
- Canned fruit and nuts and bottled water
- Manual can opener
- Cell phone (if affordable)

Another safe habit for drivers to practice is clearing



snow or ice off the whole vehicle — to include windows and lights — before hitting the road. If a person chooses not to do this, he or she could be pulled over and possibly ticketed, Burton said. Not clearing off a vehicle is hazardous to both the driver and others driving on the road.

For those that aren't used to driving in snowy weather, James said Colorado has other obstacles people may encounter that may not affect driving in other states — mountains and winding roads — but any state can prove a challenge if a person doesn't know how to drive in winter weather.

"People need to be more proactive and realize that there is danger out there," she said. "POVs are the number one killer of soldiers."

Overall, experience is the best protection when it comes to winter driving, but that doesn't mean experienced drivers won't get into an accident.

"If you have experience driving on snow, ice or in winter conditions, you'll have a better understanding of how to control your vehicle in those situations," Burton said. "Experience is probably the best trainer for winter driving."

### Clip & Save

## Fort Carson Weather Hotline: 526-0096

Listen to the following stations for base closures and delayed reporting due to inclement weather.

#### Radio stations

KSKX	105.5 FM
KYZX (Pueblo)	103.9 FM
KKCS	101.9 FM
KGFT	100.7 FM
KKMG	98.9 FM
KKFM	98.1 FM
KRDO	95.1 FM
KILO	94.3 FM
KSPZ	92.9 FM
KRCC	91.5 FM
KTLF	90.5 FM
KRDO	1240 AM
KOA (Denver)	0850 AM
KVOR	0740 AM

#### Television stations

KKTU	Channel 11
KOAA	Channels 5/30
KRDO	Channel 13
KUSA (Denver)	Channel 9

Fort Carson Road Condition Codes

Green — Routine conditions

Amber — Cautionary conditions

Red — Extremely hazardous conditions



Alexis Hodges, family member, brushes the snow off a car after the snowfall Friday morning. A safe habit for drivers to practice is clearing off the whole vehicle — to include windows and lights — before hitting the road. Not clearing a vehicle off is hazardous to both the driver and others driving on the road.

Photo by Spc. Stacy Harris





# Out & About




9 - 15 November 2002

Proudly Brought to You by Your Fort Carson Directorate of Community Activities, Bldg. 1217 Specker Ave. 719-526-3161  
Visit us at [www.ftcarsonmwr.com](http://www.ftcarsonmwr.com)

## Holiday Village

Celebrate the Upcoming  
Holiday Season with our Military Community.  
**5 - 7 December**  
For more information, please call  
**719-526-4494**

Presented by



MWR Fort Carson  
[www.ftcarsonmwr.com](http://www.ftcarsonmwr.com) Family Housing, LLC

## Thanksgiving

### 3 on 3 Basketball Tournament

### Racquetball Tournament

at McKibben & Waller Physical Fitness Centers  
**25 - 29 November 2002**  
Open to Fort Carson Military Community Adults  
Preregistration required

For more information please call Lamont or Annette at 719-526-2597

Waller Physical Fitness Center  
Bldg. 2357 Magrath Ave  
719-526-2742  
McKibben Physical Fitness Center  
Bldg. 1160 Ellis St  
719-526-2742

## National Children's Book Week

Grant Library  
Bldg. 1528 Flint St.

### After School Special

Thursday, 21 November • 4 - 5 pm

Join us for a stimulating afternoon.  
Magic and fun for children of all ages.  
Refreshments and a fun craft.  
**All FREE!!!**  
No registration required.  
For more information, please call 526-2350

## Smith Woodcraft Center

If you enjoy working with your hands  
and love creating things with wood,  
this is your place to be!

Bldg. 2426 Wetzel Ave.  
Fort Carson  
719-526-3487



## 10K Turkey Trot

### Fun Run-n-Turkey Splat!!!!!!

### November 20 - 11 am

Post Field House, Bldg. 1829, Specker Ave.

- Open to all active duty military, family members, DOD civilians and retirees.
- Registration is \$5.00 per runner.
- Pre-register at ITR starting November 1.
- Register on the day of run in the Post Field House starting at 9 am.
- Awards will be frozen turkeys for 1st, 2nd, 3rd in Men's, Women's and Children's categories. Other awards will be given for best-dressed dog on the run, or the largest family, etc.
- Family is encouraged to come. This is a fun, relaxing event and you can enjoy a hot glass of apple cider at the finish line.
- Children's run will immediately follow the adult run.






**Information (719) 524-1388 or 526-2151**

## Military Family Appreciation Week

### 18 - 24 November 2002

### Families, "Our Home Town Patriots"

Presented by



MWR Fort Carson  
[www.ftcarsonmwr.com](http://www.ftcarsonmwr.com) Family Housing, LLC

For more information, please call **719-526-4494**

## Once On This Island

A Military Family  
Appreciation Week Special Event



## ELKHORN

Catering & Conference Center

### Saturday, 23 November 2002

A one time only price of \$13.50  
Call 719-526-6646 for your reservations



**Better Watch Out! Better Not Pout!**  
**Santa's Coming to Town,**  
**at the Elkhorn**

**Tuesday, 10 December 2002**  
**4 pm - 7 pm**

Elkhorn Catering & Conference Center  
is located on Fort Carson at  
building 7300 Woodfill Rd.

For more information about reservations  
please call: 576-6646



# Sports & Leisure

## Change of season signals change of intramural seasons

by Bill Scharton  
Mountaineer staff

One popular intramural sport at Fort Carson is approaching the post-season playoff stage and another popular intramural sport is about to tip-off a new season.

The Fort Carson intramural flag football season has a few regular season games remaining before post-season tournament action gets under way. Thirty-two teams currently are battling for 16 post-season tourney slots.

"If the weather cooperates, we will begin the flag football post-season tournament on Nov. 18," said Intramural Sports Director Al Gambala. "The top 16 regular season teams will play in the post-season tournament and it will be a double-elimination format."

Fort Carson's intramural basketball season is slated to get under way Dec. 2. Letters of intent to play, signed by the company commander, must be delivered to Gambala in building 1217, Room 113, or e-mailed to [al.gambala@carson.army.mil](mailto:al.gambala@carson.army.mil). Letters of intent to play must be received by Nov. 15.

An intramural basketball organizational meeting for team representatives and coaches will take place at 2 p.m., Nov. 15, at the Outdoor Recreation Center, building 2429. At least one team representative should attend this meeting.

Intramural basketball is open to all active duty military assigned to Fort Carson. Participants can play only for their assigned unit/company.



Photo by Bill Scharton

**A player for the 64th Forward Support Battalion flag football team gets ready to make a move against a defender from the 3rd Battalion, 329th Field Artillery team. The intramural flag football regular season is winding down and the post-season tourney is slated to begin Nov. 18.**

"We will probably have 50 or more teams sign up for intramural basketball," said Gambala. "Games will be played at Waller, Garcia and McKibben Physical Fitness Centers. Leagues will be formed based on the number of teams that sign up."

Gambala also said the intramural sports office will be moving from building 1217 to the Post Physical Fitness Center. "We hope to have this accomplished no later than Thanksgiving," said

Gambala. "This will make the intramural program more accessible to the participants."

Gambala has been working with the post level men's soccer team this fall. He said the team competes in a Colorado Springs recreation league and is 3-0 so far.

He also said the team might have home games on Saturday and Sunday. Call 526-6630 for times and location.

## With trophy on the line, Army, Air Force prepare to battle in New York

Commentary by Bill Scharton  
Mountaineer staff

**WHO:** Army versus Air Force

**WHAT:** College Football

**WHEN:** 1 p.m. (MST) Saturday, Nov. 9 — TV: KXRM Fox 21 (Adelphia Cable 3); Radio: KVOR (740 AM) & 1460 AM

**WHERE:** Michie Stadium, West Point, N.Y.

**WHY:** Tradition, Commander-in-Chief's Trophy

The football game against Air Force is the second most important one on the Army schedule. I think you probably know which game has the most meaning.

Right now could turn out to be the most opportune time of the season for the Black Knights of West Point to take on the Air Force Academy Falcons. Army (0-8) desperately needs a victory and season win number one against another service academy would be especially sweet for the Black Knights and soften the misery associated with the rest of the 2002 season.

Army is coming off a bye week and the Cadets also had an opportunity to watch Colorado State University frighten the heck out of the Falcons on national TV Halloween night.

And a win over Air Force would give Army a realistic chance at winning the 2002 Commander-in-Chief's Trophy. Winning the trophy is the number one goal of each service academy football team every season.

The Falcons are reeling right now. After a surprising 6-0 run at the start of the season, Air Force has dropped three games in a row. Air Force head coach Fisher DeBerry said his squad was "fragile" at this point in time following the thumping by CSU. You can rest assured the Black Knights will ignore this "Fragile-Handle With Care" message.

Following the loss to CSU, Falcons' quarterback Chance Harridge had this to say: "We need to get our heads together. We have to take Army seriously. They are going to be gunning (no pun intended) for us."

I expect this to be a much closer game than it would have been three or four weeks ago. A "fragile" opponent and a real shot at the CIC Trophy just might motivate Army to victory this year.

Army, Navy and Air Force have been battling for the CIC Trophy since 1972. From 1972-81, Navy won the trophy eight times and Army twice.

In 1982, Air Force won its first CIC Trophy and has dominated ownership ever since. For the past 20 seasons (1982-2001), the Falcons have captured the CIC Trophy 16 times. Army has won it four times in the last 20 years ('84-'86-'88-'96). The CIC Trophy has not visited West Point since 1996 and Annapolis has probably forgotten what it looks like (last Navy CIC Trophy win was 1981).

Army trails Air Force in the overall series by the count of 12-23-1. However, the Black Knights are 9-7 against the Falcons at home (Michie Stadium). The first game of the series was played in 1959 at Yankee Stadium and ended in a 13-13 tie.

Look for Army senior wide receiver Aris Comeaux to have a big game against Air Force. In high school, Comeaux' first choice among the service academies was the Air Force Academy. However, he learned that having childhood asthma medically disqualified him from his Air Force Academy appointment.

Later on as a senior in high school, medical exams showed he outgrew the asthma. By this time, however, the Air Force

Academy coaches had seen the earlier medical disqualification and were no longer interested.

A high school teammate was being recruited by Army at this same time and he told the Army coaches about Comeaux. The Army coaches talked to Comeaux and soon thereafter he was on his way to West Point.

Sometimes, motivational factors like this lead to outstanding performances in athletics.



Commander in Chief's Trophy.

## Fort Carson's indoor pool has activities for all to enjoy



The indoor swimming pool at Fort Carson is really heating up this fall. And it's not just the temperature of the water.

According to indoor pool program director Crystal Miller, a variety of activities is taking place at the indoor pool.

Red Cross swimming lessons are available to individuals of any age. "We do lessons for pre-school through Level 7," said Miller.

To sign up for swimming lessons, call the indoor pool at 526-3107. There is a small fee for lessons.

Water aerobics are popular at the indoor pool.

Low-impact aerobics take place on Tuesdays and Thursdays from 10:30 to 11:30 a.m.

Low-impact aerobics are for those who are interested in stretching and toning rather than a cardiovascular workout.

High-impact aerobics are designed for a better cardiovascular workout and are scheduled for 5 to 6 p.m. on Tuesdays and Thursdays. A pregnancy water aerobics program is available for dependents. A fee of \$1.50 per class is charged for aerobics.

The senior citizen swim, for those 55-years of age and older, takes place from 10:30 to 11:30 a.m. on Mondays, Wednesdays and Fridays.

"The seniors have the pool to themselves and they really have a good time," said Miller.

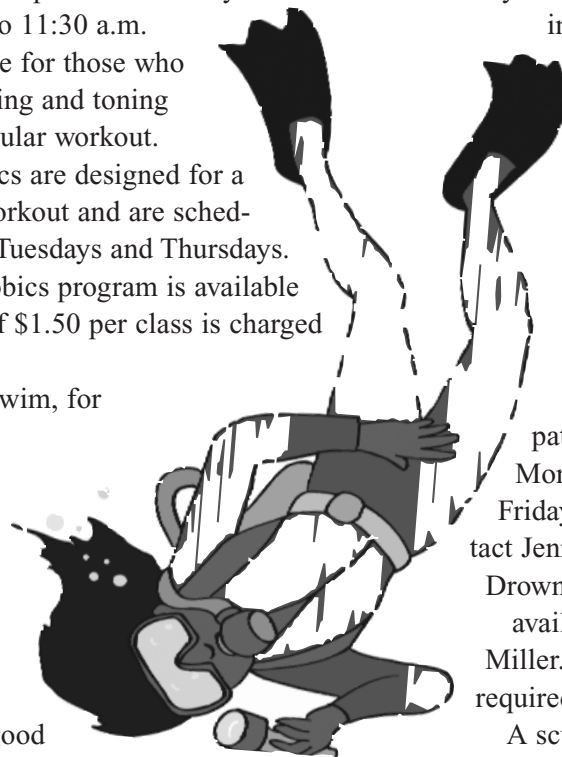
Family Swim Nights have proven to be fun outings for the whole family and they are held from 6 to 8 p.m. on Thursdays. "In the near future, we are planning to have parent and children snorkeling lessons," said Miller.

The post also has a swim team that competes locally, statewide, regionally and nationally. It is open to military children from the ages of 5 to 18.

Civilians can also participate if sponsored. Practice takes place Mondays, Tuesdays, Wednesdays and Fridays from 6 to 8 p.m. If interested, contact Jennifer Peters at 526-3107.

Drown proofing for any military unit is available at the indoor pool, according to Miller. A memo of request is all that is required.

A scuba class is slated for December. Call Don Armes, 526-3107 for more information.





## Coaches needed

by Bill Scharton  
Mountaineer staff

Calling all coaches! Calling all coaches!

Fort Carson is in the process of starting post-level teams in basketball, softball, volleyball, soccer, rugby and flag football.

“We are trying to kick off a varsity sports program at Fort Carson and we need coaches,” said Richard Baldwin, Chief of Recreation Programs.

If you would like to coach a post-level team in one of the sports listed above, contact Baldwin at 526-2151.

According to Baldwin, for sports not listed above, post-level teams can be formed if the interest and coaching really exists.

Players who want to start a post-level team, but do not have a coach, should still contact Baldwin. The Fort Carson sports and recreation program will try to assist in finding a coach for the team.

## Fort Carson Intramural basketball season

by Al Gambala  
Directorate of Community Activities, Intermural  
Sports director

The Fort Carson Intramural Basketball Season is scheduled to begin Dec. 2 with a tentative completion date no later than March 1.

All units desiring to enter a team in this program must submit a letter of intent, signed by the company commander, to the sports director, building 1217, room 113, no later than Nov. 15. Letters to participate can be e-mailed to [al.gambala@carson.army.mil](mailto:al.gambala@carson.army.mil).

The program is open to all active duty military assigned to Fort Carson. Participants can only play for their assigned unit/company.

The league will be divided evenly of teams entered. Each team will play either a single or double round robin, within their own league. Post season tournament will then follow.

An organizational meeting for all team repre-

sentatives and coaches will be held at 2 p.m. Nov. 15, at the Outdoor Recreation facility, building 2429.

It is strongly encouraged each unit send a representative to this meeting. Point of contact for units must be established and sustained throughout the basketball season.

Companies that are not available to participate due to deployment, fillout the letter of intent and submit with dates deployed and when the unit can compete. We cannot place a unit in this program unless we know the unit's intent to compete.

For more information, contact Al Gambala at 526-6630 or e-mail [al.gambala@carson.army.mil](mailto:al.gambala@carson.army.mil).

The success of the basketball season is dependant on the support of units and players. Completion of required paperwork prior to the deadline provides for a more accurate indication of the teams interested in participating in the Fort Carson Intramural program.

# Drownproofing; providing exercise, knowledge to units

by **Bill Scharton**  
**Mountaineer staff**

Drownproofing for approximately 550 members of the National Guard from Oklahoma was completed last week at the Indoor Pool.

The Indoor Pool Water Safety Instructors directed the Drownproofing exercise. The instructors included Arianna Laws, Florenceo Figueroa, Heidi Isenberg, Jennifer Peters and Crystal Miller.

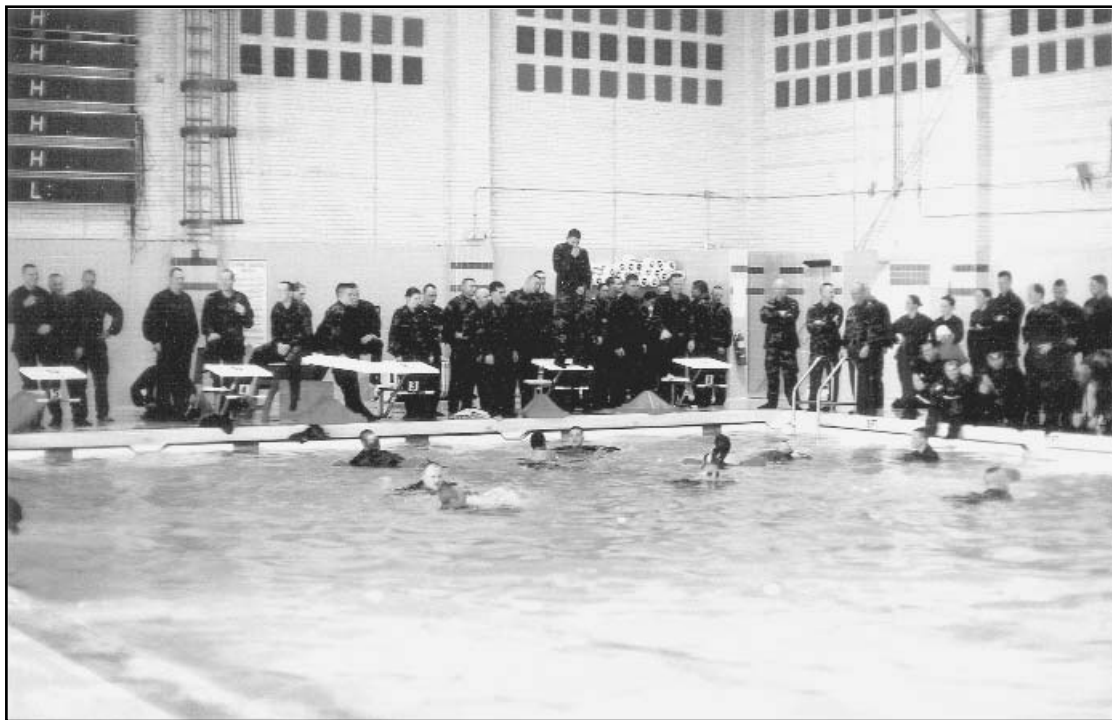
"In 90 minutes, we can drownproof

about 100 soldiers," said Miller, the Indoor Pool Program director.

Drownproofing takes place in battle dress uniforms and is a two-part process. Part one is a 50-meter swim. Part two of the process is learning how to turn your BDUs into a flotation device by getting air into the uniform.

"We do drownproofing for any military unit," said Miller. "All that is required is a memorandum of request."

For more information call 526-3107.



Photos by Bill Scharton



Above, Todd Lillard, Headquarters Company, 180th Infantry Battalion, 7th Infantry Division, finishes the 50-meter swim portion of drownproofing. Left, certified water safety instructors provide drownproofing exercise to members of the Oklahoma National Guard.





Photo by Jon Christoffersen

## *Running team ...*

Members of the Fort Carson running team were at the Post Headquarters Tuesday to present their Army Ten-miler trophy to Maj. Gen. Robert Wilson, 7th Infantry Division and Fort Carson commanding general, left and Command Sgt. Maj. Terrance McWilliams, 7th ID and Fort Carson command sergeant major, right. The team won the trophy for finishing in the top 10 of all three categories: men's, women's and coed.





Photo by Nel Lampe

Hikers walk in front of the historic lodge by Grace Lake at Farish Recreation Center near Woodland Park.

# FARISH: Outdoor paradise

by Nel Lampe  
Mountaineer Staff

It's almost a well kept secret. Farish Recreation Area is 655 acres of mountain views, trees, meadows and lakes, dotted with log cabins and lodges. Located a mere 45 minutes or so from Fort Carson, it's a mountain resort available to active duty and retired military members and Department of Defense and Non-Appropriated Fund civilian employees.

Although most people use the recreation facility in summer, winter activities are available and enjoyed during the winter season. In fact, it's probably the most complete venue for winter activities around: snow-showing, sledding, tubing, cross-country skiing, ice skating, hockey, broom ball and ice fishing.

Ever tried to find a good hill to go tubing or sledding after a good snow-fall? It's not easy to find one; don't even waste your time looking. Just think "Farish," when the snow flies.

Farish has sledding and tubing hills and nearly any winter fun equipment

needed: tubes, snow shoes, sleds, cross country-skies and skates at reasonable fees. Or, visitors can bring their own equipment.

The history of Farish goes back to 1924 when a log cabin was constructed. Grace Lake was created in 1930. And several buildings and two lakes were later added.

The 160 acre-site was donated to the Air Force Academy by the Air Force Academy Foundation and Mr. and Mrs. William S. Farish. The Farish family donated the property in honor of their son, Lt. William S. Farish Jr., who was killed while serving in the Army Air Corps during World War II. An additional 495 acres, previously used as a potato farm and for unsuccessful mining operations, were added to the resort in 1967.

Originally the property was designated for use by Air Force Academy Cadets. According to Bob Zboralski, assistant manager at Farish, that changed in 1989. Farish was having a hard time making ends meet. The Farish family was approached about expanding the use of the facility to all services. The Farish family agreed, and



Photo by Nel Lampe

Lodgers have a view of Grace Lake.

since that time Farish has been open to members and retirees of all services as well as civilian employees. Retired civilians are not authorized to use Farish facilities, Zboralski said.

Everyone must check in at the entrance building. There's a \$4 daily use fee per car, or \$1.50 per person when the group arrives in a van or bus.

About 40,000 people visit Farish each year. The facility is open all year. The resort is popular for camping, hiking and fishing, as well as outdoor activities. Except for paddle boats which may be rented at the facility in summer, boating, as well as hunting and swimming, are prohibited.

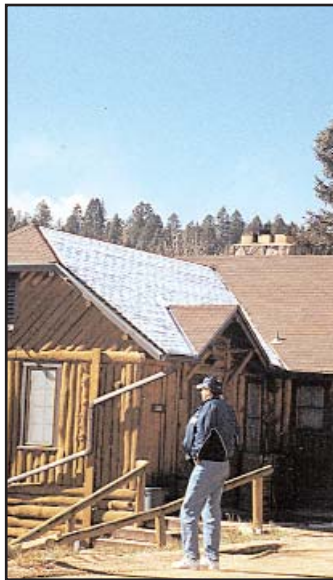
The pristine views, beautiful scenery, clear air, mountain location, wildlife, wildflowers and fishing sites are enough to draw crowds. Then add the attraction of lodging for overnights



Courtesy photo by Todd Ryan

Broom ball is popular when Farish's Grace Lake freezes over.

Farish's



Places to see in the Pikes Peak area.

Nov. 7, 2002

See Farish, Page 28



## Farish

From Page 31

or stays of several days at reasonable rates and you have a real treasure.

The resort is located at 9,000 feet, surrounded by Pike National Forest.

Need a place to hold a unit event, retreat, wedding or off-site? How about a family reunion or just a quiet stay away from the hustle and bustle of the city.

Farish is ideal for unit parties or family reunions. Groups of 15, 20, 25, 75 and more than 100 can be accommodated. Unit meetings receive a group rate and the individual day use fee is waived for those attending the group event.

“This makes it easy for the young soldiers to (afford to) attend a unit function,” Zboralski said.

Facilities at Farish range from the Conference Center, which holds up to 75 people, to single-family cottages which sleep eight. The cottages have a fireplace, two bedrooms and a kitchen and bath.

Six duplex units are available, which sleep up to five people, and have a kitchen with microwave and stovetop; the fee is \$70 in summer and \$50 in winter at this year’s rate.

The lodge has four separate rooms, three of which sleep four and another room which sleeps five people. The kitchen is in another building.

All facilities listed above are furnished with cooking utensils, towels and bedding.

In addition, there are two camper cabins with electricity which rent for \$25 each and two more cabins without electricity which rent for \$20. These cabins are rented only in summer and renters must bring their own bedding.

There are about 30 campsites which rent for \$10 each in summer..

Zboralski said that all lodging is booked on weekends through the first part of January.

“Usually, reservations are booked early for holidays and weekends.” There are some openings for weekdays other than Fridays, he said.



Photo by Nel Lampe

### Warmly dressed hikers take a walk after an October snowfall.

Summer hours, May 1 through Sept. 30, are 7 a.m. until 7 p.m. weekdays and 7 a.m. until 9 p.m. Saturdays and Sundays.

The entrance building also stocks a limited supply of canned goods and snacks for sale.

This year’s drought had little effect on the spring-fed lakes at Farish, Zboralski said.

An on-site caretaker clears the roads soon after snowstorms, so there’s usually no problem driving at Farish.

Once Grace Lake freezes over and the ice is thick enough, the lake will be cleared and a hockey rink, ice skating rink and a place for broom ball are set up. The lake usually is ready for ice skating about Dec. 1, Zboralski said.

To check on the ice or road conditions, call (719) 687-9098 or 687-9306. Zboralski pointed out that weather conditions may be totally different at Farish than what is experienced in Colorado Springs. For instance, there was a slow rain in Colorado Springs all day Oct. 25; the weather at Farish was bright and sunny; no rain. The next day, however, a bright blue sky turned gray around noon, followed by snow.

The Farish staff suggests you call to ask about weather and road conditions before starting from home.

Farish is on Rampart Range Road, just west of the Academy and can be reached on foot by hiking seven and a half miles over the mountains.

To reach Farish by car, take Highway 24 west to Woodland Park. At the traffic light just before McDonald’s, turn right onto Baldwin Street. Baldwin later turns into Rampart Range Road. Continue through four stop signs until you come to a “Y” in the road, almost three miles. There is a “Farish” sign, directing you to turn right onto Loy Creek Road. Proceed on the winding, curvy road which changes from paved to dirt. Turn left and go approximately .two-tenths of a mile to the entrance road on the right and continue eight-tenths of a mile to the check-in entrance. It’s about six miles from the McDonald’s.

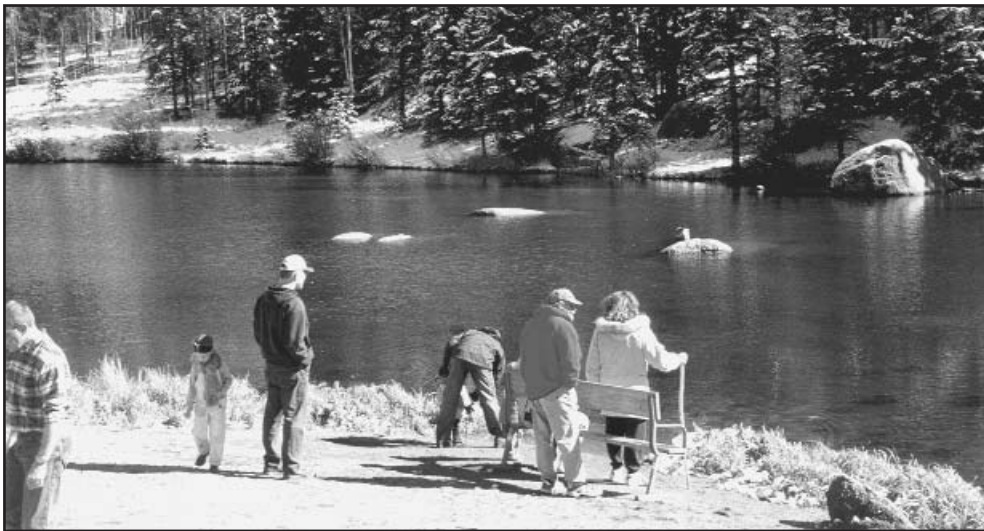


Photo by Nel Lampe

### A group of 14 people met at Farish for a family get-together.



Courtesy photo by Farish staff.

### Farish has six duplexes, each sleeps five people.



Photo by Nel Lampe

### Fishing is a popular pastime year-round at Farish. Three lakes are stocked with trout.

Pets are not allowed to stay overnight except at campsites, and must be on a leash.

Although there may be dozens of people staying at Farish, there’s still a feeling of remoteness and solitude.

There are roads, trails and paths for hiking or leisure walks any time of year. Hiking trails are from one-half mile to three miles long. People take walks beside the lake or along the roadside. Scattered benches encourage loitering and relaxing.

Three lakes are stocked with trout — brook, brown, rainbow and cutthroat. A Colorado State Fishing License and an Air Force Academy Fishing permit are required for anyone 16 and older to fish. The required license and permits are sold at the retail store at the entrance. The store’s winter hours are 8 a.m. until 5 p.m. on weekdays and until 6 p.m. on Fridays, Saturdays and holidays. Winter hours are Oct. 1 through April 30.

#### Just the Facts

- **Travel time** about an hour
- **For ages** all
- **Type** outdoor recreation area
- **Fun factor** ★★★★★ (Out of 5 stars)
- **Wallet damage \$ (entry fee)**
  - \$ = Less than \$20
  - \$\$ = \$21 to \$40
  - \$\$\$ = \$41 to \$80(Based on a family of four)



## Get Out!

### Football season

The Air Force Academy football season's last home game is against San Diego State, Nov. 23, which is military appreciation day. Call 472-1895 for tickets.

### Air Force Academy Concerts

The Air Force Academy Concert Series for the upcoming season includes "Vienna Choir Boys" Nov. 20 at 3 p.m., "Shaolin," where theater meets the martial arts, is Dec. 7, at 7:30 p.m. Tickets start at \$24. "Aeros," is Feb. 8, "Swing," March 29, and Lee Greenwood and Sandi Patty, April 12. Call the Arnold Hall Theater box office at 333-4497.

### Marching through history

Olde Towne Productions "A Stage in Time" pays tribute to our country's veterans from the Civil War to World War II. Characters dressed in period clothing take you through 120 years of our country's history at 10 a.m. and 1 p.m. Saturday in Evergreen Chapel at Evergreen Cemetery, at the corner of Hancock and Fountain streets. Tickets are \$5 for adults and free for children under 12. Call 687-6955 or 630-7328 for reservations.

### Veterans' Day Parade

"Honoring Ex-prisoners of War and Missing in Action" parade is at 9:30 a.m. Saturday in downtown Colorado Springs, along Tejon Street, between St. Vrain and Vermijo.

### Fine Arts Center Veteran's tribute

The Fine Arts Center exhibits the photographic works of Robert Leasure, a World War II veteran in an exhibit through Nov. 17. The exhibit, "A World War II Tapestry: The Photographs of Robert Leasure." Leasure presents a slide presentation Saturday at 1:30 p.m. at the center, 30 W. Dale St. There is a \$3 entry fee to the center, except Saturdays, when entry is free.

### Fine Art Center theater

The next performance in the theater series is

"Once Upon a Mattress," a musical based on the story of "The Princess and the Pea." The musical opens Dec. 6, with shows at 8 p.m. on Fridays and Saturdays and Sundays at 2 p.m.

### Pueblo Symphony

The Pueblo Symphony features guest clarinetist Ramon Kireilis Saturday. Kireilis performs Mozart's Clarinet Concerto in A Major and Tchaikovsky's Symphony No. 16 in B minor. The concert begins at 7:30 p.m. in Hoag Recital Hall on the University of Southern Colorado campus, at the north edge of Pueblo. Tickets begin at \$15 and are available at (719) 549-2404.

### Travel Films

"Cuba at the Crossroads" is next in the Travel Film series at the Fine Arts Center's theater series. Tickets are \$7 at the door or reserve a seat by calling 634-5583. The film will be shown at 2 p.m. Nov. 24 and 25.

### Family Activities

Family Day is Nov. 16 at the Fine Arts Center. Activities include performance art presentations, maskmaking, autumn leaf collages, drawing, painting, facepainting and a magic display. Family activities are from 11 a.m. to 1 p.m. Saturdays are free entry at the Fine Arts Center.

### Rock Ledge Ranch

Rock Ledge Ranch holds "Everything But the Oink," Nov. 16, from 10 a.m. to 4 p.m. Dress warmly and gather at the barnyard for an educational demonstration about preparing hogs for the table. Watch sausage and soap making and meat processing. Admission is \$5 for adults, \$3 for teens and \$1 for children 6 to 12. The ranch is by the Garden of the Gods entrance off 30th Street.

### Ride the Royal Gorge

El Paso County residents may ride the Royal Gorge Route train through the gorge for half-price during November. Call (888) Rails4U to make reservations for the noon excursion, Saturdays and Sundays.

### Ski film

Warren Miller's "Storm" is at the Pikes Peak Center Nov. 22 at 6:30 p.m. and 9:30 p.m.. Tickets are available at 520-SHOW and Grand West Outfitters.

### Monster Trucks

Monster Trucks are scheduled for the World Arena Jan. 10 to 12. Tickets are \$6.50 for children and \$17.50 for adults. Call 576-2626.

### Christmas activities

"Christmas Pops on Ice" is Dec. 14, at 2 and 7:30 p.m. This traditional show involves skaters from the Broadmoor Skating Club, ice skating champions and the Colorado Springs Symphony in this traditional Christmas ice skating show. Tickets are on sale at the World Arena box office, 576-2626. Box office hours are Monday through Friday, 10 a.m. until 6 p.m.

Michael Martin Murphey presents "Cowboy Christmas" at the Pikes Peak Center, 190 S. Cascade, Dec. 9 at 7 p.m. Tickets are at Ticketmaster, 520-9090.

"The Nutcracker" is presented by the Sangre de Cristo Ballet Theatre with lead roles performed by principal dancers from the Pacific Northwest Ballet. The performance is Dec. 5 at 7:30 p.m. at Sangre de Cristo Arts Center, 210 N. Santa Fe Ave. in Pueblo. For ticket information, call (719) 295-7200. There's a holiday parade through downtown Manitou Springs Nov. 23.

Santa will be at the Elkhorn Catering and Conference Center Dec. 10, from 4 to 7 p.m. Entrance is \$2 per person at the door, children under 6 are free. There's a free picture with Santa, free facepainting and cookie decorating, as well as food and snacks.

Miramont Castle in Manitou Springs celebrates Victorian Christmas Nov. 29, 30 and Dec. 7, 8, 14 and 15. The castle is decorated in Christmas lights and Victorian style. There will be cider and cookies served.

The Air Force Band of the Rockies presents its Christmas Concert Dec. 15 in the World Arena at 3 p.m. Tickets are free but required for entry. The tickets are available at the World Arena Box Office beginning Nov. 22.

The Nutcracker, performed by the Western Ballet Theater, and the Colorado Springs Symphony Orchestra is at the Pikes Peak Center Nov. 29 and 30 at 2:30 p.m. and 8 p.m. and at 2:30 p.m. Dec. 1. Tickets begin at \$9 at 633-6698 or 520-SHOW.

Trans-Siberian Orchestra is Dec. 1 at 7 p.m. at the World Arena. Tickets start at \$32, call 576-2626.



# Happenings



Photo by Nel Lampe

## *Family activities ...*

**The Colorado Springs Fine Arts Center holds a Family Day Nov. 16. Activities include various hands-on activities for children, from 11 a.m. to 1 p.m., and admission is free on Saturdays. The Fine Arts Center is at 30 W. Dale St., near Colorado College.**



Program Schedule for Fort Carson cable Channel 10, today to Nov. 15.

Army Newswatch: includes stories on Bagram bridge building, the Pentagon memorial and the 2002 Battle of Bands (repeat). Airl at 7:30 a.m., 12:30 p.m., 7:30 p.m. and 12:30 a.m.

Navy/Marine Corps News: includes stories on Fleet Week in San Francisco, Marine combat instructors and sailors in the Office of the Attending Physician of Congress (repeat). Airl at 8 a.m., 1 p.m., 8 p.m. and 1 a.m.

Air Force News: includes stories on "Hanoi Taxi," the Air Force Museum and the Troops to Teachers program. Airl at 8:30 a.m., 1:30 p.m.,

8:30 p.m. and 1:30 a.m.

Channel 9 daily broadcasts SCOLA, foreign language news broadcasts. Access the schedule at the Fort Carson Web site.

If you have comments on Channel 10 programming or wish to coordinate a broadcast on Channel 10, please contact Chief of Command Information at 526-1241 or via e-mail at

[CommandInfo@carson.army.mil](mailto:CommandInfo@carson.army.mil).

Program times will be published in the *Mountaineer* provided coordination is made one week prior to publication.

If you wish to have a training videotape shown on Channel 9 only, contact the Regional Training Support Center at 526-5111.

For additions to the Community Calendar, please submit an e-mail or clean, typewritten copy of the information to the Public Affairs Office, room 2180, 6151 Specker Ave., Fort Carson, CO 80913-5119 or fax information to 526-1021, no later than the Friday before airing.